

Scrumdiddlyumptious

Science and technology

Activities:

Investigate the importance of a balanced diet.

Identify food groups and explain their purpose in the body.

Study digestion and what happens to food inside the body.

Carry out practical investigations in a Mad Food Scientist Laboratory to explore the properties of food through fair testing.

Design and make a healthy snack, smoothie, pizza or lunchbox.

Design, make and evaluate a healthier chocolate product.

Activities:

Create large-scale sculptures using a range of artistic materials and techniques.

Role-play as chefs, nutritionists, food critics or restaurant owners.

Compose and perform a Healthy Eating Rap.

Create fruit and vegetable observational drawings.

Design food packaging and branding for invented products.

Perform persuasive adverts promoting healthy products.

Explore rhythm through food-themed chants and performance.

Expressive Arts

Mathematics and Numeracy

Activities:

White Rose Education:

- Place Value
- Addition and Subtraction
- Mass and Capacity

Practise mental arithmetic through food budgeting activities.

Compare supermarket prices and calculate best value purchases.

Budget for ingredients for a class café or cooking challenge.

Apply place value and addition and subtraction skills to solve Golden Ticket mathematical challenges.

Use mathematical reasoning to calculate, compare and solve problems in a Chocolate Factory Production Line investigation.

Class: 4, 5 and 6

Term: Autumn

Activities:

Understand what makes a balanced diet.

Explore how food affects mood and energy levels.

Learn hygiene and responsibility when preparing food safely.

Investigate the sugar content of everyday foods and drinks to make informed choices about healthy eating.

Health and Well-Being

Humanities

Activities:

Explore where food comes from around the world.

Track the journey of fruit and vegetables from farm to supermarket.

Study seasonal foods and local produce in Wales.

Discuss packaging waste and reducing food waste.

Learn about food poverty and food banks.

Investigate the journey of a chocolate bar from cocoa bean to consumer.

Understand the importance of Fairtrade and ethical food choices.

Explore gratitude and appreciation for food and those who produce it.

Learn about food traditions in different religions and cultures.

Languages, Literacy and Communication

Activities:

Writing Genres:

- Recipe writing
- Menu design and writing
- Instruction texts
- Explanation texts

Reading:

- Guided reading of *food related texts*.
- Analyse persuasive food advertisements.

Oracy:

- Take part in a debate: *Is homemade food better than processed food?*
- Research, plan and record a podcast interview exploring the journey of chocolate from cocoa farmer to consumer.
- Present and justify healthy food advertisements.

Welsh Language Development:

- Learn Welsh vocabulary linked to food, meals and ingredients.
- Hold simple conversations ordering food in Welsh.

Activities:

Create digital recipe cards or posters.

Use spreadsheets to compare nutritional values.

Term Events:

1st December – School Trip to Cadbury World

Digital Competency